



The tiger is symbolic of the physical world and the dragons signify the mental or spiritual world. Together the symbols represent a harmony between both worlds. The Chinese symbol Yin/Yang (Oom/Yung) stands for balance of life.

陰陽道 OOM YUNG DOE™

The GRANDMASTER "IRON" KIM Style
8 Complete Martial Arts Taught as One
Always Having the Skill and Ability to Demonstrate

International Level Training Testimonial

One of the many personal achievements of Grandmaster "Iron" Kim is the Kyong Gong Sul Bope (flying side kick). To the right, Grandmaster is jumping from the top of a building. (The roof is visible in the lower right corner.) In 1970, Grandmaster "Iron" Kim demonstrated Kyong Gong Sul Bope by jumping from the equivalent of an 11-story building. In 1972, Grandmaster "Iron" Kim again demonstrated the Kyong Gong Sul Bope movement by jumping from the equivalent of an 8-story building; both times landing without injury onto a sloped surface below.



Steve Heller



After practice of the "Chi enhancing" techniques learned at my first International Level training lesson, I felt very energized. That evening, after the lesson, I slept for only about two hours but awoke feeling well-rested and energized. This was a wonderful feeling. I believe that the techniques which I had been exposed to through the training had opened an energy portal within me. I now realize that vast untapped energies exist within me. There are different keys which can open these "energy doors." Oom Yung Doe is a potent key.

- *Steve Heller, age 59*